

What to expect from the Allergy Table

All of our baked goods are handcrafted in a fully insured, allergy free home bakery.

Each bakery order is delivered in sealed packaging with ingredient labels clearly displayed.

All ingredients have been carefully selected for each recipe to ensure quality and safety for our customers.

Products + ingredient lists can be found on www.theallergytable.com



Our story



the Allergy Table is a small home-based business started in 2016 by Jennifer Plumer.

An idea that was born from the simple desire to create a cider mill donut for her son Aiden, who lives with severe, life threatening food allergies.

She created an allergen free donut in her kitchen, which allowed her son to participate in a school Field trip for the first time ever. This company is first for her son, and then for every person that has ever had to sit at an Allergy Table. Stop saying NO to treats and Start saying YES with a little help from...the Allergy Table.



Custom Cakes & Cupcakes

Cider Mill Donuts

Cookies & Brownies

Breads & Bagels

Allergen Friendly Baked Goods



All of our baked goods are:
Nut, Egg, Dairy & Soy Free
Gluten Free & Vegan

Ask us about:

- Seasonal & special orders
- Classroom approved treats
- Catering orders
- Pick-up from the Rochester Farmers Market

Place an order:

Ph: 586.873.0871
orders@theallergytable.com
www.theallergytable.com

Order pick up:

the Allergy Table home bakery
Rochester Hills, MI



the Allergy Table
Rochester Hills, MI
586.873.0871

orders@theallergytable.com
www.theallergytable.com

Menu

Cider Mill Donuts

A traditional favorite gently sprinkled in cinnamon & sugar.

\$12.00 per 1/2 dozen

\$21.00 per dozen



Need some variety in your life?

- o Vanilla donut w. chocolate glaze
- o Chocolate, chocolate chip delight
- o Vanilla donut w. chocolate drizzle

Variety Dozen (3 of each above) \$23.00

Mom's Cupcakes

Light and moist just like mom used to make. Customize for any theme!

\$28 per dozen (single)



Vanilla | Chocolate | Lemon | Rainbow-fetti
Frosting: Dairy-free butter cream customized to your specifications.

Itty Bitty Mini's

An itty bitty version of Mom's Cupcakes - served on a party tray.

\$30 per tray of 48 (Single Flavor)



\$32 per tray of 48 (two flavors)

Choose from these flavors:

Vanilla | Chocolate | Lemon | Rainbow-fetti



Soft Sugar Cookies

Customized sugar cookies that don't crumble - a hit for any celebration or theme!

\$18.00 per 1/2 dozen



Chocolate Chip Cookies

A tasty traditional favorite that is gluten free & vegan!

\$21.00 per dozen



Cookie Bites

A bite size version of our traditional chocolate chip cookies. Chewy & crispy all in one! Ask us about snackable size!

\$30.00 per tray of 48



Mixed Berry Tart

Mini blueberry tarts on a soft sugar cookie crust - topped with fresh fruit.

\$32.00 per dozen



Brownies

Rich, decadent, delicious and oh-so-good brownies! Need we say more?

\$18.00 per dozen



Bagels

Clean, simple and delicious bagels!

Choose from:

Everything - or - Cinnamon & Sugar

\$18.00 per 1/2 dozen



Rosemary Herb Bread

Bakery fresh gluten-free bread - hand crafted with organic sage, rosemary & thyme.

\$8.50 per loaf



Dinner Rolls

Soft, light & fluffy gluten-free, vegan dinner rolls. Perfect compliment to any meal.

\$10 for 12 rolls

\$5.50 for 6 rolls



Cake Pops

Tasty treats on a stick that will delight the most discerning guest!

\$32.00 per dozen



Seven Layers of Heaven Tuxedo Cake

Chocolate cake, vegan butter cream, chocolate ganache, chocolate mousse, topped with organic strawberries.

(Serves 10-12) \$45 per cake

Jen's Custom Cakes



Customized cakes make a beautiful centerpiece for any occasion!

Birthdays, weddings, showers, smash cakes, graduations and more!

Cakes start at \$45.00
Call us for a quote.



Homemade Pies

Handcrafted pies made in the warmth of our allergen free kitchen. Perfect for any holiday or celebration!

\$18.50 per Pie

Choose from these delicious options:

- o Dutch Apple Pie
- o Pumpkin Pie
- o Mixed Berry Medley

All of our handcrafted baked goods are free of: Nuts, Egg & Dairy | Gluten Free & Vegan